

# Nextiles Arm Sleeve Sizing Chart

FEATURES	SMALL	MEDIUM	LARGE	EXTRA LARGE	XXL
Wrist (in)	5-6	6-7	7-8	8-9	9-10.5
Wrist (cm)	12.7-15.2	15.2-17.8	17.8-20.3	20.3-22.9	22.9-26.7
Elbow (in)	7-8	8-9	9-10.5	10.5-12	16-17.5
Elbow (cm)	17.8-20.3	20.3-22.9	22.9-26.7	26.7-30.5	40.6-44.5
Bicep (in)	9-10	10-11	11-12.5	12.5-14	14-15.5
Bicep (cm)	22.9	25.4	27.9-31.8	31.8-35.6	35.6-39.4